

Fajita Chicken Bake

Ready in: 50 Minutes | Makes: 4 servings

Ingredients

- 1 1/2 pounds chicken breast
- 1 medium red onion, sliced thinly
- 2 bell peppers, seeded and sliced thinly
- 1/2 cup shredded low-fat cheddar cheese or Mexican blend
- 2 Tablespoons taco seasoning
- 1 Tablespoon vegetable oil



Directions

1. Preheat the oven to 375°F.
2. Lay chicken breasts flat on the bottom of a 13x9 inch pan or casserole dish. Sprinkle taco seasoning over the top of the chicken.
3. Add onions and peppers and drizzle olive oil over the top.
4. Sprinkle with cheese and place in the oven. Cook for 35-40 minutes or until the juice of the chicken runs clear.
5. Serve over brown rice, quinoa, or fill a tortilla with this blend!

Recipe from SNAP4CT.org

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