

# Turkey and Cabbage Saute

4 servings

## Ingredients

1 tablespoon oil

½ small onion, chopped

1 pound ground turkey

1 ½ cups cabbage, chopped

1 carrot, chopped



## Directions

- Heat oil in a large non-stick skillet.
- Add onion and cook until it begins to soften, about 5 minutes.
- Add turkey and cook, breaking into small pieces with the back of a spoon.
- Add cabbage, carrot, and soy sauce and cook until tender, about 10 minutes. Remove the cover and cook 5 more minutes.
- Serve with chopped peanuts on top.

